

Chief Executive Officer

Strategic Goal : Capacity Building

- Strategic Framework Objective 1. To ensure that Regional Offices have the information and support they need to enable them to become hubs of capacity building within the Federation
- Strategic Framework Objective 2. To improve successful existing working models of capacity building

[204 2008006 ] Improving Performance

Specific Objective

Publication of FPA Annual report 2008/9

Indicator

Improve performance of the staff and volunteers

Indicator

Activity

Auditing

Holding training courses for the staff and volunteers

Men and boys skill building workshop

To Develop Infrastructure of FPA Iran

Indicator

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Financial/Administration

Strategic Goal : Not Applicable

Strategic Framework Objective 1.

Strategic Framework Objective 2.

[204 2010006 ] Core budget

Specific Objective

Smooth Functioning of FPA IRAN office

Indicator

Activity

Smooth Functioning of FPA IRAN office

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[204 2014034 ] Staff salaries

Specific Objective

Indicator

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Advocacy

Strategic Goal :

Strategic Framework Objective 1.

Strategic Framework Objective 2.

[204 2012001 ] Building Momentum - SRHR-EU project

Specific Objective

Indicator

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[204 2014026 ] Strengthening MDG 5a and 5b in South Asia: Creating Champions and Momentum for P

Specific Objective

The project will contribute to MDG 5(a and b) as well as to MDG 3, 4 and 1

Indicator

The project will contribute to the fulfilment of the International Conference on Population and Development (ICPD) Programme of Action.

Indicator

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[204 2014027 ] Advocacy activities in remote area

Specific Objective

To increase awareness about SRHR among people

Indicator

Activity

Holding training sessions on SRH

Holding a public family walking

Distributing IEC materials

Preparing and distributing advocacy tools

Giving gifts to participants

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Advocacy

Strategic Goal :

Strategic Framework Objective 1.

Strategic Framework Objective 2.

[204 2014028 ] Improve public awareness on SRHR

Specific Objective

To improve access and utilization of SRHR services

Indicator

Activity

Updating our website.

Holding advocacy meeting with key stakeholders

English/Persian Booklet about FHA Iran history, background, achievement and projects

Publishing and distributing the Family Health Journal. The journal is distributed among public,

Sending SMS for volunteer, general assembly meeting, birthdays, funeral and celebrations.

Contribution and Participation in cancer and prevention congress

FHA package and bag with logo

Introducing the Association and participation in international events such as meetings of Human Rights Council, events of ECOSOC, UPR and International Conference on Population and Development (ICPD).

Conducting a research on Human rights aspects in IPPF-SAR

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[204 2014029 ] Holding a conference on family Consolidation and role of women

Specific Objective

To increase awareness and promote women's abilities in the family and society

Indicator

Activity

Having spokesperson and participants in conference

Offering scientific and practical solutions for decreasing social issues and increasing Quality of Life

Indicator

Activity

Participating in workshops and panels

Empowering families in line with economic growth

Indicator

Decision making and planning based on real needs of family and women

Indicator

Activity

Signing a MoU with Iranian Tadbir company

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Adolescents

Strategic Goal : ADOLESCENTS / YOUNG PEOPLE

- Strategic Framework Objective 1. To increase access to comprehensive, youth friendly, gender sensitive sexuality education
- Strategic Framework Objective 2. To increase access to a broad range of youth friendly services

[204 2014002 ] YES: Youth Education and Support Centre

Specific Objective

Empowering vulnerable young people in Tehran by realizing their rights to information, adequate health care and education in order to contribute towards reducing harm including the risk of HIV and AIDS transmission

Indicator

Activity

Establishing an operational Youth Friendly Drop Center

Free of Charge Service Delivery

Raising awareness of vulnerable young people on Sexual and Reproductive Health

Conducting advocacy activities to prioritize SRH needs of young people

Forming an IEC Committee

Outreach

Harm reduction

M&E; strategies & action planning; progress reporting & Bi- Annual Reviews

Empowering vulnerable young people

Independent financial and management audits

Multi-stakeholders resource mobilization including fund-raising activities

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[204 2014018 ] Empowering the young people to make informed about SRH issues

Specific Objective

To improve the participants' knowledge.

Indicator

Activity

Coordination with the trainer

Distributing the pre and post test and evaluation forms among the participants

Training the participants in the Brailletonik sports

Holding a training session on SRH and three day program sports for 50 young people

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[204 2014020 ] World Youth Day 2015

Specific Objective

To improve disable young people's access to appropriate information on SRH issues.

Indicator

Activity

Conducting a scientific panel

Distributing IEC materials

Renting a location

Conducting an art competition

Holding the consultative meetings with the organization and NGOs which work on physical, mental and social disabled young people

Conducting a sport competition

## Adolescents

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[204 2014030 ] Capacity building for the students in the schools

### Specific Objective

- To raise awareness of the students on SRH issues.

Indicator

Activity

Signing MOU among FHA Iran and Nirooye Tadbir Iranian institute.

Checking the individual skills and communication among the students and their parents

Holding the workshops or training sessions on SRH

Evaluate the strengths, weaknesses, opportunities and threats points of health indicators and behavioral health and communication in adolescents

Training the facilitator

Preparing questionnaires

Holding the skill-based workshops

Having individual and group interview with the target group

Holding the group counseling sessions

Training peer educator

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## Program

Strategic Goal : Accreditation and Governance

- Strategic Framework Objective 1. To promote and enhance the provision of equitable, efficient and cost-effective governance at all levels of the Federation
- Strategic Framework Objective 2.

[204 2014004 ] EXCO meeting

### Specific Objective

To develop and improve policies and organizational structure by promoting transparency and enhancing staff motivation and development

Indicator

Activity

Holding the EXCO meeting at least once every three months.

Determining annual membership fee

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Program

Strategic Goal : Accreditation and Governance

Strategic Framework Objective 1. To promote and enhance the provision of equitable, efficient and cost-effective governance at all levels of the Federation

Strategic Framework Objective 2.

[204 2014031 ] Capacity building for all volunteers and members of FHA Iran

Specific Objective

To raise awareness of the volunteers of FHA Iran on SRHR issues in 2015

Indicator

Activity

Holding training sessions for the volunteers and members of FHA Iran on SRHR

Holding a two days Training of Trainers (TOT) workshop for youth volunteers

Holding orientation meetings for the volunteers about the structure and activities of FHA Iran. The orientation program will help new volunteers learn about the organization and its mission and goals

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[204 2014032 ] General Assembly

Specific Objective

To increase the participation of the majority of FHA Iran members in important event in 2015

Indicator

Activity

Inviting all qualified members to attend in General Assembly through invitation letter or the other communication tools like SMS, email and ...

Holding General Assembly

Requesting members to send their CVs if they would like to be nominated for inspector election

Publishing advertisement of General Assembly in the newspaper

Sending candidate form to all members

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Access

Strategic Goal : ACCESS

- Strategic Framework Objective 1. To improve access to SRH information and sexuality education using a rights-based approach
- Strategic Framework Objective 2. To improve access to high quality SRH services using a rights based approach

[204 2014013 ] Mikhak Center: Empowerment of Selected Tehran Vulnerable Women (Sex Workers)...

Specific Objective

To create an enabling environment for the empowerment of vulnerable women (sex workers)

Indicator

Activity

Documentation of Good Practices

Local and international fundraising

Managing Mikhak DIC

SRH & RR inclusive of HIV/AIDS KAP Training Courses conducted

Participatory Advocacy

Timing of SRH workshops and demand-driven FGDs finalized and workshops & FGDs on SRH & RR inclusive of HIV/AIDS successfully completed

In-house testing and if positive reconfirmation at selected referral laboratories

Mobile Outreach Unit fully equipped & Running

Harm Reduction: Syringes Exchange Programme(SEP)

Peer Education TOT Course conducted

PNC Assessment

Rehabilitation

Vocational training course and income Generation

Life Skills Development

Recreational Activities

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[204 2014024 ] Cancer screening (Breast and Cervical) for vulnerable women

Specific Objective

To increase access of vulnerable women in Tehran to cancer screening

Indicator

Activity

Cervical cancer screening for socially vulnerable women- VIA screening for 200 clients of Mikhak center( Sex workers - Spouse of prisoners 45-65years old)

Breast Cancer Screening for socially vulnerable women – Mammography, Sonography for 200 clients of Mikhak Center ( Sex workers - Spouse of prisoners 45-65years old)

To reduce the rate of Mortality between vulnerable women in Tehran

Indicator

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Access

Strategic Goal : ACCESS

- Strategic Framework Objective 1. To improve access to SRH information and sexuality education using a rights-based approach
- Strategic Framework Objective 2. To improve access to high quality SRH services using a rights based approach

[204 2014025 ] International Day to End Violence against Sex Workers

Specific Objective

To reduce violence against Sex workers

Indicator

Activity

Holding an educational session about ways of coping with violence against women for clients of Mikhak center

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[204 2014033 ] Empowerment of vulnerable women and young groups via creation jobs

Specific Objective

- To empower 50 clients of Fardis prison by Brailtonic method

Indicator

Activity

Holding 3 days' workshop for 50 clients of Fardis prison  
 Conducting some meeting with Fardis prison officials

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HIV/AIDS

Strategic Goal : AIDS

- Strategic Framework Objective 1. To reduce social, religious, cultural, economic, legal and political barriers that make people vulnerable to HIV/AIDS
- Strategic Framework Objective 2. To increase access to interventions for the prevention of HIV/AIDS/STIs through integrated, gender-sensitive SRH programmes

[204 2014017 ] To raise awareness about HIV/AIDS

Specific Objective

- To increase awareness about HIV/AIDS among public

Indicator

The number of IEC materials distributed

Activity

- Holding 2 training session about HIV/AIDS for students and teachers in high school
  - Holding training session by peer educators for prisoners in Fardis prison
  - Holding one training session about HIV/AIDS for our goodwill ambassadors
  - Training peer educators in Fardis prison
- Holding 2 educational workshops about HIV/AIDS for midwives in south of Tehran and some high risk provinces like Kermanshah
- Holding one workshop about HIV/AIDS for labor child and their parent

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HIV/AIDS

Strategic Goal : AIDS

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[204 2014019 ] World AIDS Day

Specific Objective

To increase awareness about HIV/AIDS

Indicator

Activity

Preparing Pocket Brochures about HIV/AIDS for public

- Holding a ceremony attended by the competitors to determine the winner
- Holding a competition for designing some posters for different age groups about HIV/AIDS

Publishing the poster

Distributing the poster between health organizations

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Abortion

Strategic Goal : ABORTION

- Strategic Framework Objective 1. To strengthen public and political commitment to the right to choose and to have access to safe abortion
- Strategic Framework Objective 2. To increase access to safe abortion

[204 2014021 ] Holding some training sessions about emergency

Specific Objective

- To train wives of addicts and prisoners

Indicator

Activity

Assigning 50 wives of addicts and prisoners between the clients of Mikhak and Kaj centers

Holding the 3 training sessions about emergency contraceptives for them

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[204 2014022 ] Prevention of unwanted pregnancies

Specific Objective

- To prevent of unwanted pregnancy

Indicator

Activity

- Holding one day workshop about the role of contraception for having a planned pregnancy for clients of Mikhak and kaj centers in world contraception day(26 of Sep)

- To reduce number of unsafe abortion

Indicator

Activity

Holding pre and post counseling sessions about abortion for vulnerable women in Mikhak and Kaj centers

Abortion

Strategic Goal : ABORTION

- Strategic Framework Objective 1. To strengthen public and political commitment to the right to choose and to have access to safe abortion
- Strategic Framework Objective 2. To increase access to safe abortion

[204 2014022 ] Prevention of unwanted pregnancies

Specific Objective

- To reduce Rate of Maternal Mortality

Indicator

Activity

- Preparing pamphlets about unsafe abortion and its law in our country for vulnerable women in Mikhak and Kaj centers

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